



## Nautilus, Inc. Receives Top Global Fitness Honors for Its Commercial Strength Equipment

VANCOUVER, WA and COLOGNE, GERMANY -- (MARKET WIRE) -- November 07, 2006 -- [Nautilus, Inc.](#) (NYSE: [NLS](#)), a pure fitness company, today announced that it received the 2006 Best Global Fitness Equipment Manufacturer honor from Fitness Tribune, a Swiss fitness publication that commissioned independent research through the Germany-based Dr. Gottlob Institut to complete a first-ever scientific evaluation on fitness equipment worldwide.

In addition to its recognition as the best global manufacturer of strength equipment, Nautilus also received category honors as providing the Best Back Extension Machine, Best Lat Pull Machine, and Best Leg Extension Machine. The global evaluation did not include cardiovascular products, such as the fast-growing Nautilus Commercial Series TreadClimbers, treadmills, ellipticals, indoor cycles, or the newly introduced Nautilus Commercial Upright and Recumbent exercise bikes.

### Highlighted Links

[Nautilus Nitro Lat Pulldown Machine](#)

"We set out to conduct a meaningful, performance-based testing method for strength equipment and the Nautilus Nitro Plus line impressed us with a consistent best blend of ergonomics, comfort, and biomechanics," said Dr. Axel Gottlob,

President of Dr. Gottlob Institut and associate professor of biomechanics and strength training, University of Heidelberg. "After serving more than 12 years developing strength training equipment for my family business, Galaxy Sport, I can appreciate the level of research and quality Nautilus has demonstrated in this year's test."

"With our company focused on quality and innovation, we are proud to be recognized by Dr. Gottlob and Fitness Tribune through this extensive product test," said Gregg Hammann, Nautilus Chairman and CEO. "Receiving global recognition for our fitness equipment reflects the hard work and innovation of our go-to-market team which has set the pace in strength training for 35 years."



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[Nautilus Nitro Lat Pulldown Machine](#)

Fitness Tribune, the largest fitness and wellness industry publication in German speaking Europe, commissioned the Dr. Gottlob Institut to conduct extensive testing on product lines from US and European-based companies. Dr. Gottlob is a certified strength training champion, author, mechanical engineer, sports scientist, and biomechanics expert. For more information about the 2006 Fitness Tribune Awards, visit [www.fitnesstribune.com](http://www.fitnesstribune.com).

About Nautilus, Inc.

Headquartered in Vancouver, Wash., Nautilus, Inc. (NYSE: [NLS](#)) is a pure fitness company that provides tools and education necessary to help people achieve a fit and healthy lifestyle. With a brand portfolio that includes [Nautilus®](#), [Bowflex®](#), [Schwinn® Fitness](#), [StairMaster®](#) and [Pearl iZUMi®](#), Nautilus manufactures and markets a complete line of innovative health and fitness products through direct, commercial, retail, specialty and international channels. The Company was formed in 1986 and had sales of \$631 million in 2005. It has 1,600 employees and operations in Washington, Oregon, Colorado, Oklahoma, Texas, Illinois, Virginia, Canada, Switzerland, Germany, United Kingdom, Italy, China, and other locations around the world. More information is at [www.nautilusinc.com](http://www.nautilusinc.com).



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[Equipment Award](#)

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